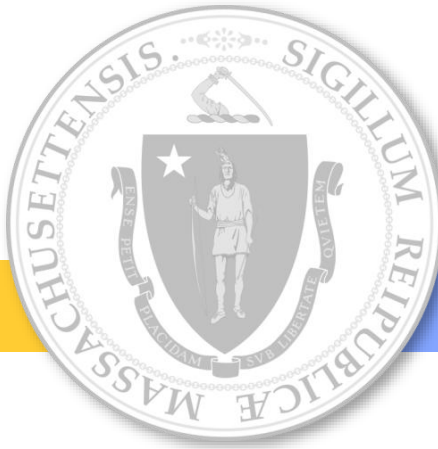




Understanding the differences between the MFP Waivers and the MFP Demonstration

June 4, 2026



What is a Home and Community Based Services (HCBS) Waiver?

States can develop home and community-based services (HCBS) waivers to meet the needs of people who prefer to get long-term care services and supports in their home or community, rather than in an institutional setting.

Individuals must meet clinical and financial eligibility requirements for HCBS waivers.

There are 10 HCBS waivers in Massachusetts.

MassHealth administers these waivers, in partnership with a state operating agency.

Massachusetts Operates 10 HCBS Waivers



Waiver	Operating Agency	Target Population
Adult Supports (AS)	DDS	Adults with intellectual disabilities (22+)
Community Living (CL)		
Intensive Supports (IS)		
Frail Elder (FEW)	AGE	Older adults (60+)
Traumatic Brain Injury (TBI)	MassAbility	Adults with TBI (18+)
Children's Autism	DDS	Children with autism (up to age 10)
Acquired Brain Injury – Non-Residential Habilitation (ABI-N)	MassAbility	Adults with ABI sustained at age 22+
Acquired Brain Injury – Residential Habilitation (ABI-RH)	DDS	
Moving Forward Plan – Community Living (MFP-CL)	MassAbility	Adults (18+) who are disabled or seniors (65+)
Moving Forward Plan – Residential Supports (MFP-RS)	DDS	



Waivers that target populations in facilities

While there are ten HCBS Waivers in total, the four ABI/MFP Waivers are specifically targeted to help individuals who are in facilities transition out. The application process is the same for these 4 waivers.

- The ABI waivers are for individuals with an acquired brain injury that was sustained at age 22 or older. Individuals under 65 must have had a disability determination.
- The MFP waivers are for individuals who are 18 or older and disabled, and for seniors 65 and older. Individuals under 65 must have had a disability determination.



Acquired Brain Injury (ABI) Waivers

There are two ABI Home and Community-Based Service Waivers:

- **ABI Residential Habilitation (ABI-RH)** – for individuals who need 24-hour supervision and staffing in a provider-operated and staffed setting such as a residential habilitation group home. DDS provides case management.
- **ABI Non-Residential Habilitation (ABI-N)** – for individuals who do not need 24 hour supports or supervision, and can live in their own home/apt, family home, or Adult Foster Care. MassAbility provides case management.



Moving Forward Plan Waivers

The are two MFP Home and Community-Based Service Waivers:

- **MFP Residential Supports (MFP-RS) Waiver** – for people who need supervision and staffing 24 hours a day, seven days a week in a provider-operated residence. DDS provides case management.
- **MFP Community Living (MFP-CL) Waiver** – for people who can move to their own home or apartment or to the home of someone else and receive services in the community. MassAbility provides case management.



MFP Demo Eligibility Criteria

To qualify for the MFP Demo, an individual must:

- be living in a qualified nursing facility or long-stay hospital for at least 60 consecutive days, including Medicare rehabilitation days;
- transition to an MFP Demo qualified residence in the community;
- have one day in the facility as a Medicaid-paid inpatient day (for all discharges on or after 3/26/26); and
- be eligible for MassHealth Standard or CommonHealth in the community.

MFP Demo services can be provided both pre and post transition:

Case
Management

Transitional
Assistance

Assistive
Technology

Community
Engagement
Navigation



MFP Demo and Other Programs

An individual can enroll in the MFP Demo and:

- be enrolled in an ACO, MCO, One Care, SCO, or PACE Organization; or
- receive MassHealth State Plan Long Term Services and Supports; or
- be enrolled in an HCBS waiver; or
- be enrolled in State Home Care program.

Enrollment in the MFP Demo and the above programs provides an individual access to a larger set of unduplicated services.



MFP Waivers vs MFP Demo

Differences	MFP Waivers	MFP Demo
Process*	Apply	Enroll
Qualifying stay before discharge	90 days	60 days
Clinical evaluation	Yes	No
MassHealth Eligibility	Standard ONLY	Standard or CommonHealth

* Individuals may enroll and/or apply early in their facility stay, if the length of time is expected to be at least 60 days for Demo and 90 days for the ABI/MFP waivers.

MFP Waiver vs MFP Demo – Differences



**Application for Home- and Community-Based Services
Waivers for Moving Forward Plan (MFP)
Community Living Waiver**

MFP WAIVER INFORMATION • (855) 499-5109, TTY: (800) 596-1746 • MFPinfo@umassmed.edu

The Moving Forward Plan Community Living (MFP-CL) Waiver is available through MassHealth for people who have been living in a nursing facility or chronic disease, rehabilitation, or psychiatric hospital for at least 90 consecutive days. The MFP-CL Waiver serves MassHealth members who do not need 24-hour services and support. The MFP-CL Waiver does not include residential support services, of someone else.

Applicant name

Date of birth What was your sex assigned at birth? ☐ M ☐ F

Social Security number

MassHealth ID number

Preferred language Applicant telephone number

Facility name Date of admission

Facility address

Should we contact someone else about your application? ☐ Yes ☐ No

Who or what agency referred you to this program?

Contact name

Contact telephone number Relationship

Contact address

You may choose an authorized representative to help you apply for or get health benefits. You can do this by filling out a MassHealth Authorized Representative Designation Form (ARD) form. To request an ARD form, call MFP Waiver Information at (855) 499-5109, TTY: (800) 596-1746 or email MFPinfo@umassmed.edu.

The MFP-RS Waiver serves MassHealth members who have been living in a nursing facility or chronic disease, rehabilitation, or psychiatric hospital for at least 90 consecutive days.

By signing this application, I am stating that

- I expect to be in the nursing facility or chronic disease, rehabilitation, or psychiatric hospital for 90 consecutive days or longer; and
- I have a disability, or I am age 65 or older.

Signature of Applicant or Authorized Representative Date

Send your completed application to Waiver Unit
UMass Chan Medical School
PO Box 2635
Worcester, MA 01613

Staff at the MFP Waiver Unit will contact you to begin the application process when they receive your application.

**Massachusetts
Money Follows the Person Demonstration
Informed Consent Form**

The Massachusetts Money Follows the Person Demonstration (MFP Demo) is a federally funded program. The MFP Demo helps people transition from institutional to community-based care. The program covers services that help older adults and people with disabilities move from nursing facilities, chronic disease and rehabilitation hospitals, or other qualified facilities back to the community.

This informed consent form makes sure you understand the program. You need to review and sign this form to enroll and participate in the MFP Demo.

First and Last Name | MassHealth ID or last 4 digits of SSN

My signature on this form means that I understand:

- My enrollment and participation in the MFP Demo are voluntary.
- If I choose not to participate, I can still get MassHealth services if I meet all eligibility criteria.
- I must meet all eligibility requirements listed below to qualify for the MFP Demo:
 - I must be living in a qualified nursing facility or long-stay hospital for at least 60 consecutive days, including Medicare rehabilitation days.
 - I must be 18 or older and disabled, or 65 or older.
 - I must be a resident of Massachusetts.
 - I must be eligible for MassHealth Standard or CommonHealth coverage in the community.
 - I must transition to an MFP Demo qualified residence in the community.
- I must respond promptly to all requests from MassHealth.
- I must meet all the eligibility requirements above, including MassHealth coverage of facility stay.
- I have been given information about the MFP Demo services that will help me transition to the community. If I am eligible, services would also be available to me in the community during my 365 days of participation in the MFP Demo.
- Information about my enrollment and participation will be kept confidential. My information will only be used for administering the MFP Demo.
- I will take an active role in making decisions on where I live, and the services I receive while in the facility and the community.
- I have been given information about other MassHealth community-based services that are available.
- Regardless of my participation in the MFP Demo, I will still have my current Home and Community Based Waiver services, enrollment in a Senior Care Options (SCO) plan, or State plan services if I continue to meet eligibility requirements for those programs.

MFP Waiver application versus MFP Demo Informed Consent



MFP Waiver vs MFP Demo – Qualifying Stay

For both the MFP Waivers and the MFP Demo, an individual must apply and/or enroll while living in a nursing facility or long stay hospital.

Individuals may apply for the ABI/MFP waiver/s and enroll in the MFP Demo at the same time.

Length of stay requirement before discharge:

MFP Waivers	MFP Demo
90 days	60 days





MFP Waiver vs MFP Demo – Clinical evaluation

Part of the application process for the ABI/MFP waivers includes a medical records review and a clinical evaluation by a nurse.

There is no clinical evaluation for the MFP Demo.



MFP Waiver vs MFP Demo – MassHealth Eligibility



- Individuals must be financially eligible for **MassHealth Standard** to be approved for and receive services from the ABI/MFP waivers. Reminder: Income and asset limits differ for State Plan and HCBS waiver eligibility.
- Individuals enrolled in the MFP Demo must be financially eligible for **MassHealth Standard or MassHealth CommonHealth** to receive services from the MFP Demo.

	MassHealth Standard	MassHealth CommonHealth
MFP Waivers	Yes	No
MFP Demo	Yes	Yes



MFP Waiver vs MFP Demo Duration

Once an individual is approved for and a participant in an MFP waiver, that individual may continue to receive services if financial and clinical criteria continue to be met. This includes annual financial and clinical redeterminations.

Individuals who have discharged on the MFP Demo and meet all MassHealth criteria, have access to MFP Demo services for 365 days ONLY. The MFP Demo Start Date is the day of transition.

Note: Individuals may enroll in the MFP Demo more than once.



MFP Waiver vs MFP Demo Services

MFP waiver services include a broad set of services, focused on *maintaining* an individual in the community through ongoing services and supports (such as day programs, personal care, homemaker and companion services, etc.).

MFP Demo services are focused on supporting someone's *transition* to the community and establishing connections.

Both programs include Transitional Assistance and Home/Vehicle Modifications. However, the MFP Demo Transitional Assistance definition is broader, including first month's rent, food pantry stocking, purchase of essential clothing and personal care items, and payment of utility arrearages.

All Waiver and Demo participants have a case manager who will work with the participant to coordinate services and authorize waiver services in a Plan of Care.

MFP Waiver vs MFP Demo – Contact Info



Moving Forward Plan (MFP) Waivers

Includes information about the program, eligibility criteria, services offered, application process and applications.

Email address: mfpinfo@umassmed.edu

Money Follows the Person Demonstration

Includes information about the program, services, referral form, brochure, fact sheet, MassHealth community living options.

Email address for **referrals only**: mfpm@mass.gov

Project office email address: MFPProjectoffice@mass.gov



HCBS Contact Information

[Home and Community Based Services Waivers](#)

- Overview
- Eligibility Criteria
- List of Waivers
- The process to enroll

The MassHealth HCBS Waivers homepage contains information about all 10 HCBS Waivers and includes a [table](#) of services by waiver.

Contact Information:

Email: HCBSwaivers@mass.gov



Key Takeaways

The acronym 'MFP' is commonly used to reference either the MFP Waiver or the MFP Demo. They are different programs.

- **MFP Waiver** = Moving Forward Plan Waiver
- **MFP Demo** = Money Follows the Person Demonstration

When talking about either program, or when documenting in writing, it is important to clarify 'MFP Waiver' or 'MFP Demo'.

Individuals may receive services from both an MFP Waiver and the MFP Demo.



MFP Demo Project Office Team

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