### **Revision History**

Date	Version	Description	Author
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# National Standards for Culturally and Linguistically Appropriate Services (CLAS)

Aging Service Access Points' (ASAPs) Community Transition Liaison Program (CTLP) staff are required to have training, understanding, and demonstrate cultural and linguistic competence. CTLP staff meet and engage with nursing facility residents to educate, inform on options, and assist with community transitions. To effectively communicate with and advocate for nursing facility residents, CTLP staff benefit from being trained on the **National Standards for Culturally and Linguistically Appropriate Services (CLAS)** and are expected to tailor engagement to meet an individual's culture and language needs.

The principal CLAS standard is to provide effective, equitable, understandable, and respectful quality care and services that are responsive to diverse cultural health beliefs and practices, preferred languages, health literacy, and other communication needs.

CLAS standards apply to all populations including but not limited to people:

- for whom English is not their first language
- with disabilities
- who self-identify as LGBTQIA+
- with beliefs associated with their faith/religion/spirituality
- living in rural areas
- who might be at risk of homelessness

More information about CLAS can be found on Mass.gov -

CLAS National Standards | Mass.gov

- <u>Culturally and Linguistically Appropriate Services (CLAS) Initiative |</u>
  <u>Mass.gov</u>
- Making CLAS Happen: Six Areas for Action | Mass.gov
  - o <u>Introduction</u>
  - o Chapter 1: Foster Cultural Competence
  - o Chapter 2: Build Community Partnerships
  - o Chapter 3: Collect Diversity Data
  - o Chapter 4: Benchmark: Plan and Evaluate
  - o Chapter 5: Reflect and Respect Diversity
  - Chapter 6: Ensure Language Access

This Business Rule outlines the benefits of CLAS, ASAP CLAS training requirements, and is a guide to assist with navigating the Learning Management System operated by the Department of Public Health, **TRAIN Massachusetts (TRAIN)**. TRAIN is equipped with CLAS courses that are required to be completed by the Executive Office of Aging & Independence (AGE) for all CTLP staff or any ASAP staff working in this capacity.

# Incorporating CLAS Framework into ASAP Operations & CTLP

Examples include but are not limited to:

- Collect and analyze data within the AGE cloud-based data enterprise system, Aging & Disability (A&D) on consumer race, ethnicity, and language preferences to better understand the diversity and needs of the individuals enrolled in programs as well as utilizing demographic data sets the community being served.
- Collaborate with colleagues and other CTLP Teams to strengthen skillset and build plans to meet the cultural and language needs of the individuals in which CTLP is engaging to ensure equitable access to services and support.
  - Share resources, strategies and success stories to reduce linguistic and cultural barriers.
- Engage and discuss with individuals their cultural and language preferences and utilize resources to meet their diverse needs.
  - Utilize an interpreter or interpreter service to facilitate clear communication and understanding, at no cost to the individual
  - Provide translated materials/documents, including CTLP Marketing materials, to be shared with residents, staff, families, and to display within facilities.

 Access Money Follows the Person Demonstration or CTLP Team Expense Account funds to obtain assistive technology.

# **CLAS Training Requirements**

**ASAP Staff** -Specific ASAP staff required to complete CLAS trainings include:

- Liaisons
- Case Assistants
- Supervisors
- or any ASAP staff working in this capacity

### **Method of Training -**

Trainings may be completed in one of two ways:

- 1. as individual learners
- 2. in a group learning environment

### **Cadence and required CLAS Course with Hyperlinks**

- 1. Making CLAS Happen: A Guide to Implementing Culturally and Linguistically Appropriate Services (CLAS) - TRAIN MA (Duration: 25 minutes)
  - a. Required For:
    - i. current CTLP staff before 1/31/26 and
    - ii. new CTLP staff being onboarded after deadline noted above
- 2. Ensuring Language Access and Communication through CLAS Standards -TRAIN MA (**Duration:** 20 minutes)
  - a. **Required For**:
    - i. current CTLP staff before Wednesday, 1/31/26
    - ii. new CTLP staff being onboarded after deadline noted above,
    - iii. and annually thereafter for all CTLP staff to be completed before the end of the next calendar year (i.e. 1/31/27 and so on).

**Training Duration -** The two training sessions together will take approximately 45 minutes to complete.

# **Method of Training**

ASAPs may elect to have CTLP staff complete the required CLAS trainings as individual learners or in a group learning environment.

**Individual Learners -** If an ASAP elects for staff to complete the trainings individually:

- Create an individual profile in TRAIN
- Complete the required CLAS trainings
- Individual ASAP staff keep a copy of their Transcript or a screenshot demonstrating completion. See Proof of Training Completion section.
- ASAPs maintain a list of staff who have completed the trainings made available to AGE upon request

### **Group Learning Option -** If an ASAP elects a group learning option:

- Identify a Facilitator to create a profile in TRAIN
- Have **Facilitator** run the two required CLAS trainings through their TRAIN account in a group learning environment where all attendees can see the screen and participate in discussion
  - o i.e., trainings projected on a screen in a conference room
- Maintain a roster of participants and signatures of completion for those in attendance
- Ensure CTLP staff who are unable to attend a group session still complete the CLAS trainings
- Maintain a copy of the roster of the attendees of the group learning event, made available to AGE upon request

# **Required Actions**

- 1. ASAPs shall ensure that CLAS Standards are incorporated into ASAP business practices and policies through governance, leadership, and workforce.
- 2. ASAPs are responsible for establishing an internal verification process to confirm the completion of CLAS trainings by required staff and develop a tracking mechanism.
- 3. ASAPs must supply TRAIN transcripts or other proof of staff completion upon request by AGE.
- 4. ASAPs shall attest to and report on the number of staff, by position, who have completed the required CLAS trainings in January 2026 after initial release of the requirement, then on an annual basis; and as specified and requested by AGE.

## **TRAIN Website**

To access the TRAIN website, click on the hyperlink below or type www.train.org/ma/welcome into your internet browser.

• Home - TRAIN MA - an affiliate of the TRAIN Learning Network powered by the Public Health Foundation

# Create a TRAIN Account

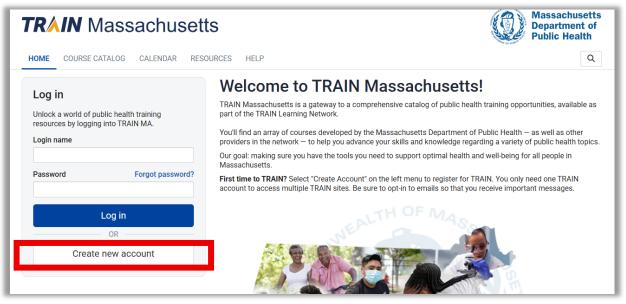
For a video tutorial on How to Create Your TRAIN Account as well as for stepby-step instructions, click on the following hyperlinks –

**TRAIN Video Tutorials** 

• Instructions - How to Create your TRAIN Account

### How ASAP staff can create a new TRAIN account

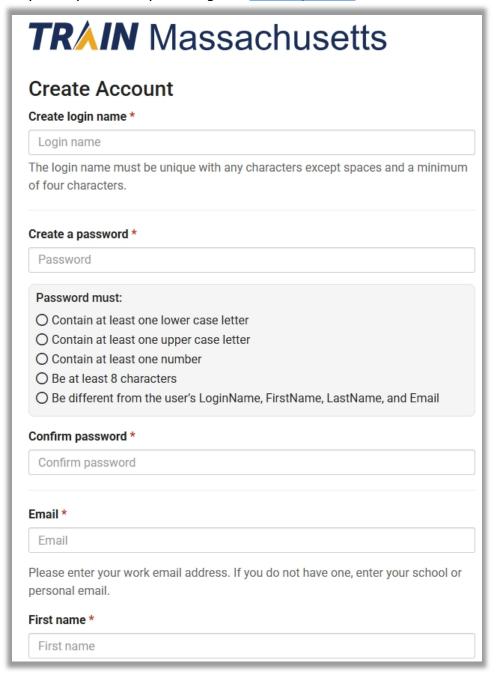
Click **Create new account** and follow the prompts.

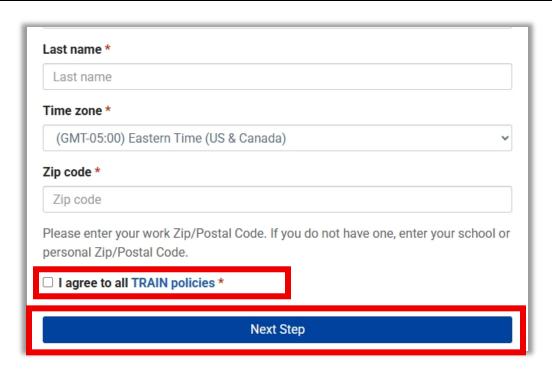


### You will be prompted to:

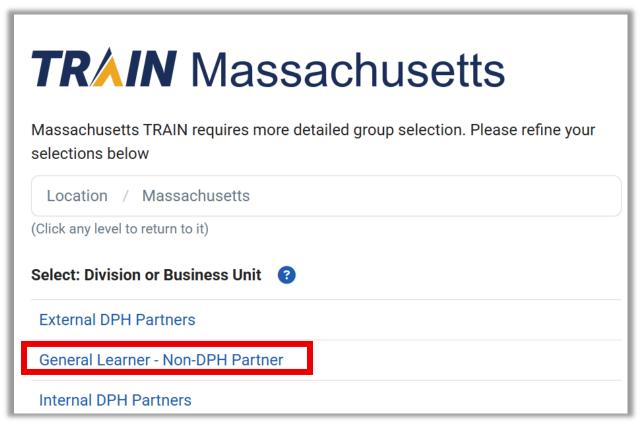
- Create a login name The login name must be unique with any characters (except spaces) and a minimum of four characters.
- Create a password The password must
  - Contain at least one lower case letter
  - Contain at least one upper case letter
  - Contain at least one number
  - Be at least 8 characters
  - Be different from the user's login name, First Name, Last Name, and Email
- Confirm password Re-type new password created
- Email Enter your work email address.
  - Note: Be mindful to enter in the correct email address. You will later receive an email to continue setting up your account. Email addresses with typos or other inaccuracies will result in your confirmation email inadvertently being sent to the wrong email location.
- First Name
- Last Name

- **Time Zone** Eastern Time (US & Canada)
- Zip Code Enter your work Zip/Postal Code.
- Check the box for I agree to all TRAIN policies after reading the TRAIN Privacy Policy notice by clicking the <u>TRAIN policies</u> text in blue.

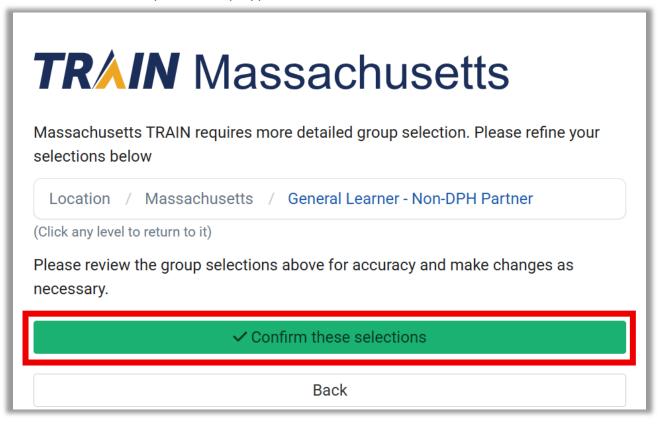




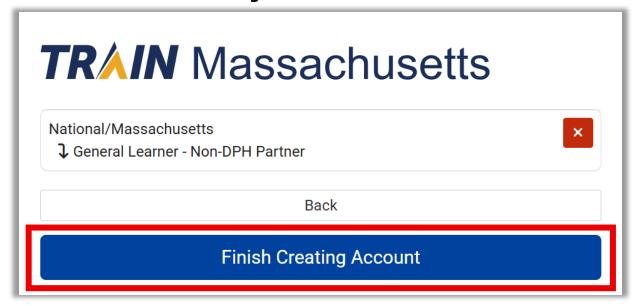
Confirm your location as Massachusetts and for **Division or Business Unit**, select **General Learner – Non-DPH Partner**.



Review location and partnership type and click **Confirm these selections.** 



Confirm location as Massachusetts and partnership as General Learner – Non-DPH Partner and click **Finish Creating Account.** 



You will receive a notification that your account was successfully created. An example login name and email address are featured below. Your login name and email address will be personalized to you based on user entry.

# TRAIN Massachusetts

# Welcome to TRAIN MA!

Your account was successfully created.

Your login name: New.User

Your email address: New.User@mass.gov

You can always change your name, email, and other information in your Profile.

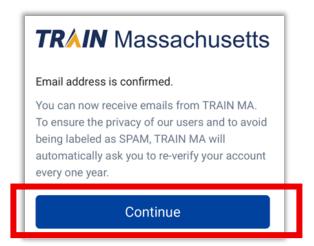
### Verification instructions

- 1. You will get an email from TRAIN MA with a verification link.
- 2. Click on the verification link to verify your email address.
- 3. If you don't receive this email after 20 minutes, please check your junk mail folder or request another verification email.

If you don't want to verify your email address, contact support or log out.

Check your email including spam/junk folders. If you did not receive an email from TRAIN, you may need to follow up with your ASAP's IT Department to make sure the email is not quarantined or filtered out by your ASAP's digital security/firewall.

Once you have received the email, click on the link provided to verify your email address and conclude creating your TRAIN account. You will receive an immediate prompt that your email address is confirmed. Click **Continue.** 



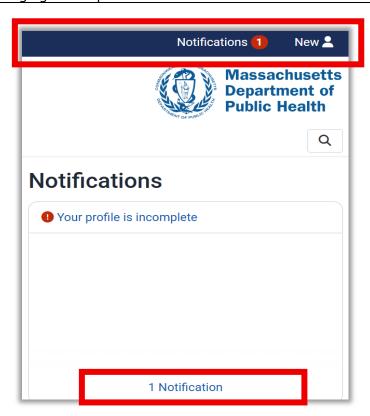
# **Complete Your Profile**

For a video tutorial on **How to Complete your TRAIN Profile** as well as for step-by-step instructions, click on the following hyperlinks –

- TRAIN Tutorials
- Instructions How to complete your TRAIN profile

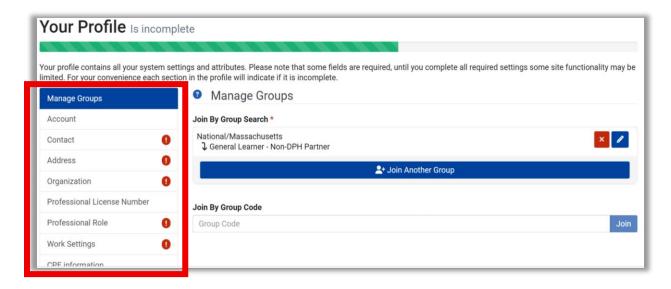
### How ASAP staff can complete a TRAIN profile

Log into your account using your login name and the password that you created. A prompt will appear stating that your profile is incomplete. Click on **Notifications** to complete your profile.

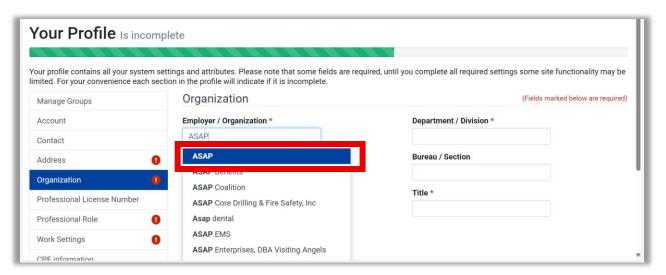


Click on the pane on the left-hand side and enter your information into the required fields. Required fields are indicated with a red exclamation point or red asterisk.

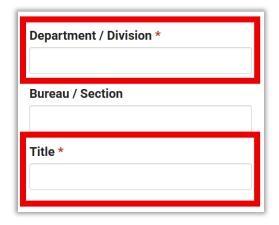
Note: ASAP staff do not need to "Join Another Group" or enter a "Join By Group Code."



For **Organization**, type in ASAP and a dropdown will appear to choose the general category of ASAP.

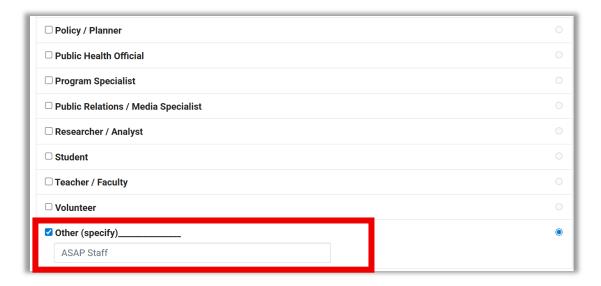


Add your **Department/Division** (CTLP) and job **Title** (CTLP Liaison, CTLP Case Assistant, CTLP Supervisor) on the right-hand side.



For Professional Role, click Other (specify) and type ASAP Staff.

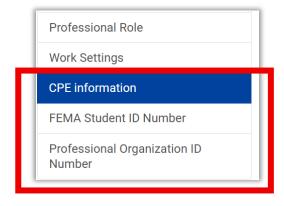




For Work Settings, select the box for Non-Profit Organization (except Healthcare).



**Note:** CPE information, FEMA Student ID Number, & Professional Organization ID Number are not required fields and may be left blank.



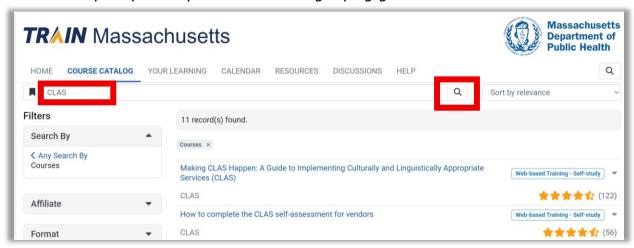
## **Course Catalog**

For a video tutorial on **How to Use the TRAIN Search Function** to add a course to your Course Catalog as well as for step-by-step instructions, click on the following hyperlinks –

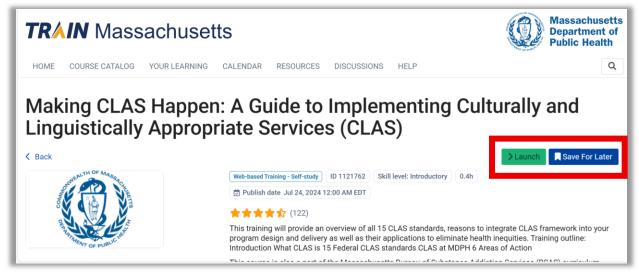
- TRAIN Video Tutorials
- Instructions How to use the TRAIN search function

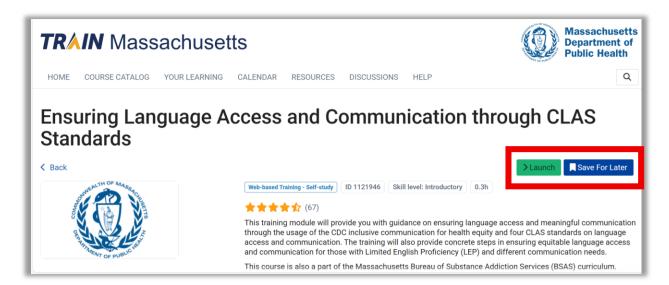
### How ASAP staff can add CLAS courses to their Course Catalog

Click on the **Course Catalog** tab and type in CLAS in the search bar followed by the Enter key on your keyboard or the magnifying glass.



Click on one of the two required courses. Then click Launch or Save For Later

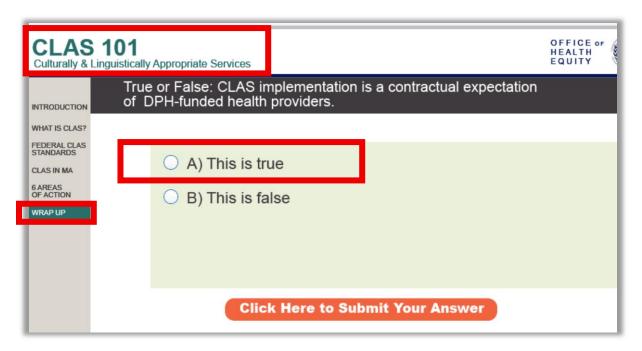




# **Course Specifics**

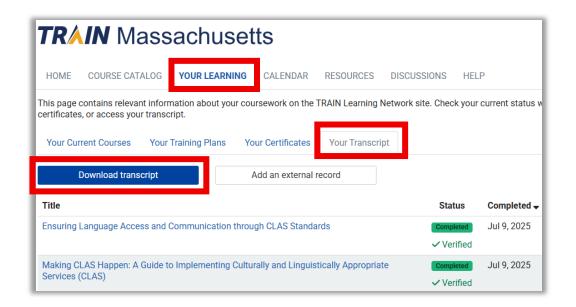
For Making CLAS Happen: A Guide to Implementing Culturally and Linguistically Appropriate Services (CLAS) –

- The training displays as "CLAS 101 Culturally and Linguistically Appropriate Services" once the course is launched.
- ASAPs are not contracted DPH vendors, however, this is a DPH managed training therefore contains DPH centered content and questions.
  - The answer to the Wrap Up question True or False: CLAS
     implementation is a contractual expectation of DPH-funded health
     providers is A) This is true



# **Proof of Training Completion**

No certificates are available for these TRAIN courses. ASAP staff can provide proof of individual completion of these two CLAS courses by clicking on the **Your Learning** tab, then **Your Transcript**, then **Download transcript** or can take a screenshot..



ASAPs are responsible for the record keeping of the TRAIN transcripts or an alternate method for tracking such as a roster with staff signatures. ASAPs must maintain a list of participants and signatures of completion for all group trainings.

# **Support Contacts**

### **AGE**

If you have questions regarding this Business Rule or CLAS Standard education requirements required by the Community Living Initiative, please contact:

- Julianna Santiago, CTLP Manager at <u>Julianna.Santiago@mass.gov</u>
- Carissa Kushmerek, CTLP Coordinator at <a href="mailto:Carissa.Kushmerek@mass.gov">Carissa.Kushmerek@mass.gov</a>

### DPH

Please contact DPH\_Train\_LMS@mass.gov with any TRAIN related technical support or course catalog training questions. Include the following information:

- name
- email address
- phone number
- organization
- details of the technical issue you are experiencing